

## **SAMPLE Plunge Into Your Neighborhood Packing List**

- Sleeping Bag\*
- Pillow
- Sleeping mat/cushion (if desired/needed-- not mandatory)
- **Reusable water bottle**
- Sunscreen
- Sunglasses
- Pajamas/sleepwear
- Toiletries -Bring a small bag to carry it all in
- Soap/shampoo/conditioner
- Medications
- Shower sandals (we will be showering in the dorm)
- **Shower Towel**
- Clothes \*(we will be working outdoors, so bring appropriate clothes for outdoor work and changes of clothing for after work if desired)
- Extra socks
- Close-toed shoes (Required) and good walking/outdoor work shoes
- Rain jacket/hoodie/sweater (Optional. **\*Look ahead at the weather forecast**)
- Phone charger

\*Note: If you do not have a sleeping bag or other sleeping materials, please let us know by and we can provide it for you.