

Career Ready Learning Outcomes

The following document is intended to facilitate brainstorming UPNext workshop ideas.

All workshops should support one or more of the three Career Ready Learning Outcomes: Explore, Experience, Excel.

1. EXPLORE

Help students better understand themselves, discover academic and career possibilities, and recognize that career development is an ongoing journey.

Possible topics include:

- Understanding one's own values, strengths, interests, and identity
- Exploring potential careers and industries
- Learning about diverse career pathways
- Navigating uncertainty and multiple possibilities
- Reflection and self-discovery

Workshop examples include:

- Navigating your identity in the workplace
- Using poetry for self-discovery through the lens of career and purpose
- I didn't know that was a career!?!
- Your values in action
- Career and life design
- Getting comfortable with uncertainty
- The many faces of healthcare
- The future of work
- Your major is not your destiny

2. EXPERIENCE

Help students learn about and connect their past and present experiences with future goals through reflection, relationships, and meaningful engagement.

Possible topics include:

- Networking and building professional relationships
- Connecting experience to goals through reflection
- Discovering experiential learning opportunities (internships, research, study abroad, community engaged learning)
- Connecting student employment to career competencies

Workshop examples include:

- Peer panels on leadership on-campus, internships, undergraduate research, community engagement, etc.

- Career and Industry “Ask Me Anything” (A Day in the Life, Career Pathways)
- Failures that helped my career / Failing as a part of success
- Applying to undergraduate research/ REU’s
- Searching for and applying to internships
- How to reach out for career and life advice
- Gaining experience through community engagement
- Industry case studies/ simulations
- Pathway to graduate and professional school (preparation, advice, and action items)

3. EXCEL

Help students prepare for the transition from college to career and confidently tell their story.

Possible topics include:

- Professional storytelling
- Interviewing
- Applying to graduate or professional school
- Resumes & cover letters
- Salary negotiation
- Building and maintaining a professional network

Workshop examples include:

- Developing your intro pitch
- Speaking with confidence
- AI in your job search
- Hidden rules of interviewing
- Strengthening your resume
- Applying to nurse residency programs
- How to secure good letters of recommendation for graduate school
- Applying to fellowships
- Salary negotiation for entry level roles
- Your first job isn’t your last job
- The first 90 days on your job
- Hiring myths de-bunked
- Employer lightning talks/advice